

SINGLE PRESS RELEASE

ESTRONS *Make A Man*



Artist: ESTRONS

Single: *Make A Man*

Release: 4th December 2015

Label: Gofod Records Ltd

Format: Download

For fans of... Sleater Kinney, Tacocat, Bikini Kill

ESTRONS means 'aliens' or 'strangers' in Welsh and this band of misfits may at times seem very far removed from any particular scene because they make music their own way, when they like, how they like.

Single ***Make A Man*** not only presents the band's dynamic indie sound, the sentiment behind the song is just as strong and meaningful with the idea of female objectification turned on its head. "It's the story of a heterosexual female's battle between desiring a man, whilst simultaneously finding herself having little respect for his self-important ego and misogynistic attitude towards women. She retaliates by objectifying him herself," explains singer **Taliesyn Källström**. In a time when female pop stars are shouting out about the same subject matter yet presenting themselves as sex objects regardless, ESTRONS are the real deal. They write about sexual dominance, belonging, divorce, self doubt... themes that matter to them and they write about them with passion and truth. They sing in English and Welsh, sometimes flitting between the two depending on the feel of the song.

ESTRONS met after a chance encounter in 2012 on a beach in Aberystwyth. Although the core members consist of **Taliesyn Källström** (vocals) and **Rhodri Daniel** (guitar), the band are actually a collection of people that come and go, all strangers who have one sole purpose and common denominator - to make great music that says something.

Last year singer Taliesyn gave birth to her son Björn and toured Wales within a month of his birth. The band's video for 'Aliens' features Taliesyn breast feeding. A subject that has received much attention over the last year yet ESTRONS approach all subject matter with ease and a good sense of humour.

The band have already played the length and breadth of their home country and festivals such as **Swn Festival** and **Festival no. 6**. **BBC Radio Wales' Adam Walton**, **Bethan Elfyn** plus **BBC Radio 1's Huw Stephens** and **Annie Mac** as well as **BBC 6Music's Tom Robinson** are also huge supporters alongside **Kerrang!** radio, but the band are ready to take their sound and present it to the world, flying the flag for Wales, the UK and for anyone who loves music with balls.

Make A Man is released via **Gofod Records Ltd** on **4th December 2015**

- ESTRONS are available for interviews.
- EPK, photos and artwork available upon request
- For more information: www.estrongs.com



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